

# How to reduce pollution

*These are my ideas to reduce pollution:*

- Recycling
- Avoid excessive idling of your automobile
- Plant more plants

# Recycling

Recycling is an easy way for everybody to help the planet.

There are many materials like glass, paper, metals and plastic, that can be reused for making new objects.

At present, just 9% of plastic is recycled worldwide. Recycling helps keep plastics out of the ocean and reduces the amount of “new” plastic in circulation.



# Avoid excessive idling of your automobile



Another way to reduce the waste of energy and reduce pollution is trying to avoid using our own car.

An alternative could be buying an electric or hybrid car, but not everybody can afford one of these.

So the best thing to do and the easiest one is to use bicycles and to use more public transports like autobus or subway.





# Plant more plants

- NASA recently discovered that many household plants, like the Gerbera Daisy, Peace Lily and English Ivy are instrumental in removing carbon monoxide from the air.
- Operating much like the human liver, these common indoor plants actually filter harmful chemicals and dangerous compounds from the air, absorbing the toxins through tiny pores in their leaves and “digesting” the pollution through their stems, roots and out through the soil.

