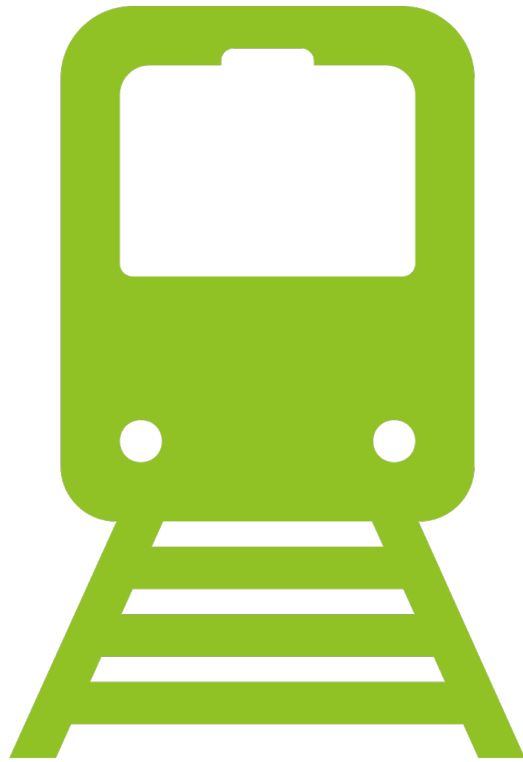


How to lower the levels of pollution

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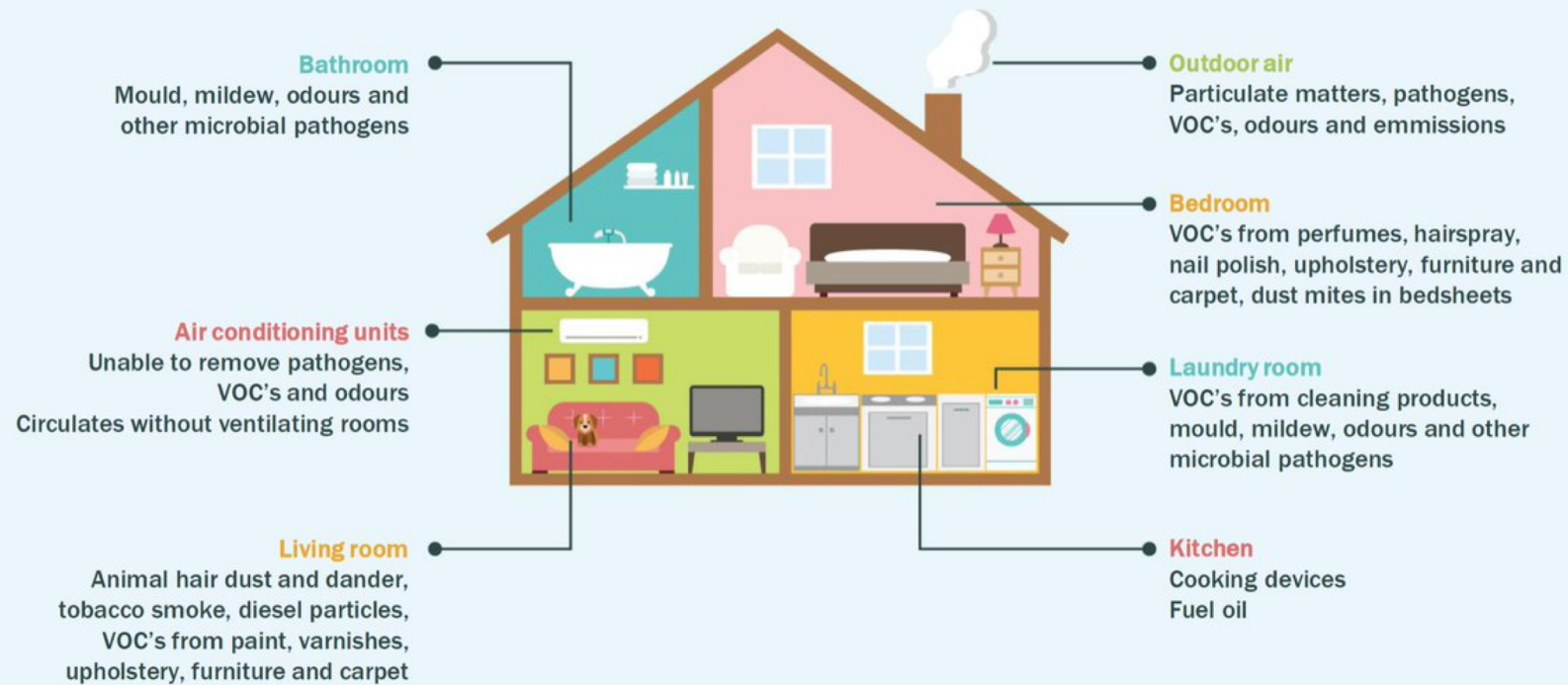


Transports

- ▶ To reduce pollution, we have to change our habits. Infact it will be good for the planet if we:
- ▶ Replace the cars with bicycles
- ▶ Use more the public transports
- ▶ Use alternative fuels

At home

Sources of Indoor Pollutants





At school

- ▶ Use the light only when it is necessary
- ▶ Replace bulbs with leds
- ▶ Recycle of materials

Paper



Try to use less the printer



If printing is necessary use double sided copies



Substitute the school text books with electronic devices



Plastic

- Choose the hydroflask instead of plastic bottles
- Wean yourself off disposable plastics
- Don't use sticky tape but rubber bands and staples