



HOW TO
LOWER THE LEVELS
OF POLLUTION

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What causes pollution?

Air pollution

- fumes from transports
- agricultural activities
- intensive livestock farming



Light pollution

- prolonged and excessive use of artificial lights

Water pollution

- provoked by domestic waste



What can we do?

Buy biological food





Use more public transports



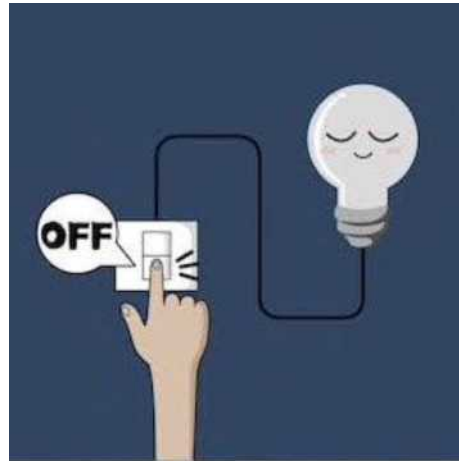
Buy an electric car

Walk or use the bicycle more

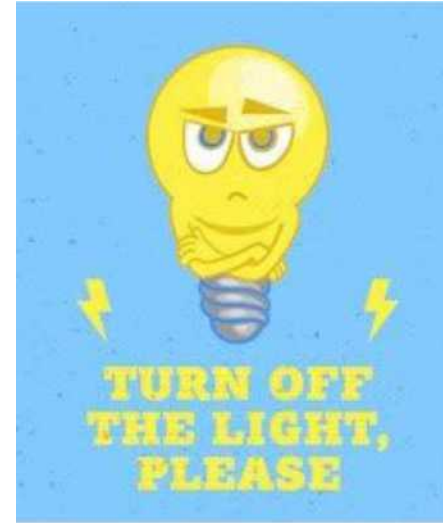




Turn off the lights



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Install treatment plants



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What are we doing?

Matilde

- I never leave the lights on
- I go to the supermarket on foot
- I buy biological food

Marta

- I always turn off the lights and the tv when I leave the room
- I do not use the car for short travels
- In my house there are treatment plants